

English version

The Alice Ho Miu Ling Nethersole Hospital was founded in Hong Kong 125 years ago. The hospital was relocated to Tai Po in 1997, where it preserves its tradition of holistic care and provides the community with a comprehensive range of quality services.

(Graphics): Pioneering Efforts in Healthcare

In the 18th century, Hong Kong was a meeting place for Westerners and Chinese. Since Western medicine was expensive, the impoverished masses could only afford traditional Chinese medicine. To allow the economically underprivileged population to benefit from Western medical care, Sir Kai Ho Kai generously made a donation
(Subtitle): Sir Kai Ho Kai, M.D., C.M.G. • Mrs Alice Ho
to build the Alice Memorial Hospital in memory of his wife in 1887. It was Hong Kong's first hospital funded by the London Missionary Society providing western medical care to the impoverished Chinese population. The hospital also served as a training hospital for the medical students
(Subtitle): Dr Sun Yat Sen
of the Hong Kong College of Medicine for Chinese, which was the forerunner of today's Faculty of Medicine in the University of Hong Kong. To meet the growing service demand, Nethersole Hospital was built in 1893.
(Subtitle): Mrs Stevens
That same year, nursing training was piloted, along with the establishment of Hong Kong's first nursing school. In 1904, the Alice Memorial Maternity Hospital opened as the first maternity hospital in Hong Kong, providing midwifery training and hiring female doctors.
(Subtitle): Dr Sibree • Miss Stewart
In 1906, the Ho Miu Ling Hospital was established. The three hospitals were amalgamated to become the Alice Ho Miu Ling Nethersole Hospital and incorporated in 1954 under the Alice Ho Miu Ling Nethersole Hospital Incorporation Ordinance (Chapter 1072 of the Laws of Hong Kong) with the corporate name of "The Executive Committee of The Alice Ho Miu Ling Nethersole

Hospital”.

Spurred on by their Christian faith, foreign missionaries and medical staff

(Subtitle): Dr E.H. Paterson

Medical Superintendent of the Alice Ho Miu Ling Nethersole Hospital (1963 - 1973 & 1978 - 1986) and the United Christian Hospital (1973 - 1989)

served the patients with compassionate care and love,

providing holistic care through enhancement of the physical, psychosocial and spiritual health.

The hospital formally changed from a subvented hospital to a public hospital under the Hospital Authority in 1991.

To meet the service needs of the growing population,

the hospital assisted in the commissioning of the Pamela Youde Nethersole Eastern Hospital, and planned for its relocation to Tai Po

which officially opened in January 1997.

The hospital’s corporate logo consists of a “Cross”, a “Heart”, and a “Fountain”,

representing the spirit of the cross and Christ’s love

demonstrated to the needy through the care for the physical, psychosocial and spiritual well-being,

thus practising the philosophy of Holistic Healthcare.

(Graphics): Buidling a Solid Foundation for Patient-centred Care

The hospital fully utilises natural surroundings, sunlight,

enlivening color and inspirational artwork

to create a soothing therapeutic environment

that enhances patient recovery.

(Subtitle)

Dr Beatrice Cheng

Hospital Chief Executive of Alice Ho Miu Ling Nethersole Hospital

Since the opening of our hospital,

we have adhered to the motto, Holistic Care with Compassionate Love,

and supported the service development of the Hospital Authority and the New Territories East Cluster (NTEC)

to provide people-centred healthcare to the community.

As one of the acute hospitals in the cluster,

we provide comprehensive healthcare
including in-patient service, ambulatory care, day surgery, clinical services,

specialist outpatient and community outreach services.
The hospital has a wide range of clinical specialties,
including medicine.

(Subtitle)

Dr Cheng Yuk Lun

Chief of Service, Department of Medicine and Intensive Care Unit

Alice Ho Miu Ling Nethersole Hospital

The Department of Medicine had combatted SARS,
and is now facing the pressures of an aging population.
To accommodate the epidemiological change in our disease pattern,

we have developed a wide range of specialty wards,
such as an intensive care unit, renal unit,
stroke unit and aged care unit, and so forth.

We maintain our belief in holistic care,
supplemented by comprehensive and multidisiplinary approaches,

to provide care and support during and after a patient's hospital stay.
Also, we have created a number of patient self-help groups,
for diseases such as diabetes, renal and respiratory disease,
which provide multiple levels of support and care.
Is this a tough job?

Do we have times when there are differences in opinions among ourselves?
Of course we do.
But we are cohesive and united
in providing the best and most appropriate treatment for patients.

(Subtitle): Paediatric patient

Hello! Hello!

Are you feeling ill today? No, I am not.

OK, I am going to give you an injection now.

I am a patient with a chronic illness.

I have to come in every week for injections from primary three till now,

and it's been about ten years.

The nurses and doctors here are especially nice to me.

(Subtitle)

Dr Tong Chi Tak

Chief of Service, Department of Paediatrics and Adolescent Medicine

Alice Ho Miu Ling Nethersole Hospital

In the New Territories East Cluster,
the community has pressing needs for paediatric and adolescent in-patient services,

The workload is very heavy for the medical staff.

I am very appreciative of the staff who have continually
contributed to the hospital in quiet toil.

I'm very grateful for their contribution and their love.

I hope that we can advance in partnership
to walk the extra mile.

Other clinical departments in the hospital include Surgery, Orthopaedics and Traumatology,
Anaesthesiology, Accident and Emergency, Ear, Nose and Throat, Ophthalmology,
Paediatrics and Adolescent Medicine, Diagnostic Radiology and Pathology.

We also offer a range of allied health services to support clinical departments.

(Graphics): Embracing Changes for Excellence

Engaging patients as partners in health is also important.

We equip them with knowledge
and ability to manage their own health,
and prevent possible complications.

Patients are involved in the disease management.

In 2011, the Nocturnal Home Haemodialysis Training Centre was set up in our hospital.

Patients are trained and empowered with the knowledge and skills to perform haemodialysis at home,

(Subtitle): Renal patient

At first, I learned haemodialysis here,

and then I was able to perform it at home every other day.

I've done fairly well,

and I don't need to go to the hospital every time,
which saves a lot of trouble.
I've returned to work again, and am back to the society.
My life is very similar to the life of a normal person.

Our hospital also provides cluster-based services in support of the New Territories East Cluster.
Due to the rising demand for child and adolescent psychiatric services,
the hospital established "Serene Teen",
a Holistic Child and Youth Wellness Centre cum Training Centre in 2011.
The collaborative service model,
supported by multi-disciplinary team,
provides comprehensive mental health services for children and adolescents in the cluster.

Our Department of Ear, Nose and Throat has closely collaborated with the Chinese University of Hong Kong,
providing functional rhinoplasty to patients
as well as ear and facial reconstructive surgeries,
helping patients to restore functionality, improve breathing,
and recover self esteem.

In 2011, the department set up
the Chinese University of Hong Kong Affiliated Academic Unit of Ear, Nose and Throat Surgery.
Our Day Surgery Unit provides day surgical services to patients in the cluster,
including pre-operation consultation and care,
which allows suitable candidates to recuperate at home on the same day of the surgery.

(Subtitle): Patient of Pain Clinic

Why did I join Comprehensive Outpatient Pain Engagement Programme?
From 1980 and 2000, I suffered from severe back pain.
It was so painful that I became depressed.

At the time, Dr Chu recommended that I should join Comprehensive Outpatient Pain Engagement Programme,
and in there, I learned how to adjust, think and train myself.
Slowly, I regained my confidence.

The NTEC Pain Management Centre at our hospital
provides comprehensive treatment services,

caring for physical, psychosocial and spiritual health and enhancing the self-management of pain.

Our parent organisation, Alice Ho Miu Ling Nethersole Charity Foundation, has been strengthening our hospital's works through supporting and pioneering in other specialized services.

(Subtitle)

***The Rt. Rev. Dr. Thomas Y.P. SOO, JP
Chairman***

***Board of Governors of the Alice Ho Miu Ling Nethersole Charity Foundation and
Hospital Governing Committee of the Alice Ho Miu Ling Nethersole Hospital***

Healthcare is a people-oriented service provided by a team of professionals, who are dedicated to their work with compassionate care. They have considerable knowledge of the community's needs, and can provide the necessary support that brings health, peace and blessings to patients.

The Nethersole Outreaching Rehabilitation Mission was set up in 2000,

targeting immobile patients or patients residing in remote locations who require home based rehabilitation services.

To promote "Holistic Healthcare for the Wholeness of People",

the Nethersole Institute of Continuing Holistic Health Education, set up in 2002, organizes classes, workshops and seminars to promote the practice of holistic care among healthcare staff as well as students of the Chinese University Nethersole School of Nursing.

Holistic care is not complete without a 24-hour chaplaincy service, which provides spiritual care and support according to patient needs.

(Subtitle): Renal patient

When I was at an emotional low and felt unhappy, the hospital chaplains prayed for me. The prayers made me feel calm and safe.

The hospital's volunteers are part of our holistic caring team. Through visits and follow up calls by phone, they provide care and support to in-patients and discharged patients.

In 2012, the NTEC Volunteer, Rehab Shop, and Health Resource Centre Services Team was awarded the Outstanding Team Award by the Hospital Authority, in recognition of outstanding contribution for volunteer work.

(Graphics): Demonstrating Strength and Commitment

As a thorough embodiment of the spirit of compassionate care, we care not only for patient needs but also the needs of colleagues by creating a supportive and progressive working environment, providing adequate training and development, and strengthening the sense of fulfillment.

The Volunteer Group and the Critical Incident Support Team, which are formed by the staff members, organize various activities to encourage mutual support and to create the sense of belonging to the Nethersole family.

The Nethersole hospital's teams were recognized for their exceptional performance in recent years.

The Department of Orthopaedics and Traumatology with their "Ortho-Ottawa Project: a Health Partnership Initiative",

and the "Healthcare Logistics Support Service" Team, were awarded the Outstanding Team Award respectively in 2001 and 2004 by the Hospital Authority.

In 2008, the Departments of Accident and Emergency, Medicine and Community Outreach Services,

partnered with the Department of Medicine and Geriatrics of Tai Po Hospital, to provide the "Program We Care" consultation service.

The team, which provides the elderly patients with timely medical care, was awarded the Outstanding Team Award by the Hospital Authority.

The Department of Ear, Nose and Throat has partnered with the Chinese University of Hong Kong and local enterprises to invent ACE Hearing, which is an application installed on smart phones and televisions

helping hearing-impaired patients navigate the audio challenges faced in daily life.

This application won the Bronze award in Asia Wall Street Journal's Asian Innovation Award 2011.

(Graphics): Forging Partnership for Sustainable Development

For many years, our hospital has taken pride in serving as a "Hospital Without Walls". Volunteer groups, patient self-help groups and local organisations have been our collaborating partners.

Since 2002, the hospital initiated the "Tai Po Safe and Healthy City" project, organizing a wide range of activities with government departments, non-government organisations, schools, and more to promote safety and health awareness in Tai Po.

In 2005 and 2010, Tai Po was designated as a Safe Community by the World Health Organization Collaborating Centre on Community Safety Promotion, in recognition of our collaborative efforts.

(Subtitle)

Dr Beatrice Cheng

Hospital Chief Executive of Alice Ho Miu Ling Nethersole Hospital

To live out the Nethersole spirit of Holistic Care with Compassionate Love,

we shall continue to be patient-centred,
caring for their physical, psychosocial and spiritual health
and empower the community with knowledge on injury and disease prevention and disease management.

Our patients can continue to live a fulfilled life with support and care in the community.

With our team's dedication and professionalism
and staunch support from the community,
the seeds of compassionate care we sowed in Tai Po will bear the fruit of love and grace from one generation to another.

May all our staff continue
to serve with love, joy and our toil be blessed.